

### PEACE OF MIND YOGIC CENTER

# Camps for 2007 @ Sidhdhachalam Jain Tirth, Blairstown, New Jersey

# By Shrutpragya Swamiji

# 1. Bright Spiritual Life Style Camp

(For youth between 12 and 18 yrs of age ) Thursday June 28 thru Sunday July 1,2007 For more information about camp 1\_

# teenagecamp7@yahoo.com

# 2. Jain Way of Life Camp

(Second Annual Camp) (For young Adults 18 to 40 yrs of age) Friday June 22 thru Sunday June 24,2007

## 3. Yoga and Meditation Camp

(Third Annual Camp) (For Adults 40 yrs and above) Thursday Sept.28 thru Sunday Sept.30,2007 For more information about camps 2 and 3 champavel@hotmail.com



#### Shrutpragya Swamiji (Founder of Peace of Mind Yogic Center)

Shrutpragyaji Swamiji is one of the most articulate and charismatic young spiritual leaders of the new generation.

#### Feedback from previous participants:

•Swamiji's effectiveness in communication of such a philosophical and dry subject as Yoga and Pranayam in an interesting, penetrating and enjoyable style.

•His skills in keeping the group engaged at all time is really special and it sets him apart from many of the similar seminars. This Shibir impressed us due to its unique, spiritual and holistic approach to peaceful and joyous living with fit & healthy self.

•The combination of excellent discourses, great management and the serene, tranquil and peaceful atmosphere of Siddhachalam has made this camp an excellent one!



### PEACE OF MIND YOGIC CENTER

### **Mission**

The main goal of a human being is happiness and peace. The common method used today is to obtain as much wealth as possible. Confusion and turmoil results, which is the opposite of Peace of Mind. To attain happiness, we need to rethink our priorities; we need to bring Yoga into our lives. This is the thought behind the establishment of the Peace of Mind Yogic center, under the auspices of Shrutpragya Swamiji.

#### WEB Site:

http://www.peaceofmindvogiccenter.org/



### Bright Spiritual Life Style Camp for Teenagers (for Youth between 12 and 18 years of age)

#### By Shrutpragya Swamiji (Founder of Peace of Mind Yogic Center)

Shrutpragyaji Swamiji is one of the most articulate and charismatic young spiritual leaders of the new generation. The greatest challenge our children face is managing daily life under the influence of peer pressure and current environment. Swamiji's teachings integrate ancient scriptures and modern science which validate our day to day experience and knowledge.

More than 10,000 Youths have been trained by him in various subjects of life, e.g. Personality Development, Body Language, Mind Power, Memory Development and Spiritual Life Style.

# Bright Spiritual Life Style Camp for Teenagers

for Youth between 12 and 18 years of age only (This is a life time Opportunity Don't miss it) By Shrutpragya Swamiji (Founder of Peace of Mind Yogic Center)

June 28, 29, 30, thru July 1st, 2007.

At Siddhachalam, Jain Tirth, Blairstown, New Jersey.

4 -days of Active Practice-Yoga, Discussions, Discourses, & Relaxation.

<u>Space is limited – Register Soon\Now</u>

All participants must arrive by 5:00 p.m. on Thursday, June 28th and the camp will end by 3:00 p.m. on Sunday, July 1st.

\$125 fee includes all activities, handouts, accommodations, and healthy vegetarian meals

For registration and more information, please contact:

Arti Choxi (301-774-4177)

email: A\_choxi@yahoo.com <u>OR</u>

Niyati Jhaveri (410-313-9188)

email: ni19pa@yahoo.com <u>OR</u> teenagecamp7@yahoo.com



#### PEACE OF MIND YOGIC CENTER

- <u>Topics will include:</u>
- Mind Power Development through Yoga
- Healthy Life Style through food awareness
- Habit management through Self Discipline
- Personality Development through Mind, Body and Spiritual Practices

The focus of this camp will be on both theory and practice for a balanced and healthy lifestyle for growing children through teenage years.



Swamiji believes in Universal Religion which can bring good life to you. This camp is open to people of all religions. Interested people can get feedback from previous camp participants.



Please ask for other camps: Young Adults age-20 to 40-July 2007 and Adults Camp- age 40 and up- October 2007.

Name of applicant	irst	Middle	Last	
Permanent address				
Telephone				
E-mail				
Birth date//				
Father's Name:	I	Mother's Name:		
Father's Cell #	N	lother's Cell #		
Father's E-mail:				
Mother's E-mail:				
My signature certifies that all ir	formation in this ap	plication is accur	ate and complete	e.
	Complete Liabili			
l	,	as natural parer	nt and/or legal d permission to	guardian o

consent to an operation, if necessary. I agree to pay all medical costs for necessary medical treatment as deemed necessary by POMYC / IMJM, and its representatives. Also, I agree that I shall release, discharge, indemnify and hold harmless to "Siddhachalam (IMJM)", and "Peace of Mind Yogic Center Inc. (POMYC)", their Directors, Trustees, Officers, Employees and their Agents against all claims, actions, liabilities, damages and expenses including attorney's fees arising out of directly or indirectly related to the Camp, Space, Breach of any Agreement written or otherwise in this matter.

#### Name of Father/Mother/Legal Guardian: \_\_\_\_\_

Signature: \_\_\_\_\_

This RELEASE may not be changed orally.